

CBSE Question Paper - 2010

HOME SCIENCE (Theory)

Class – X

Time allowed: 3 hours

Maximum Marks: 75

1. List four important motor activities a two year old child can do. 2
2. Give one example to show that children develop at their own pace. 2
3. Point out four things people do in homes which lead to wasting of water. 2
4. List four important characteristics of play material for a two year old child. 2
5. Name the disease caused due to deficiency of iron and suggest two foods rich in iron. 2
6. Give four reasons to include fat rich food items in our daily diet. 2
7. Give one example to justify that occupation of family members affects planning of meals. 2
8. Mention two important points each, we must keep in mind while storing green leafy vegetables and paneer. 2
9. Present two care marks found on the label of a polyester shirt, what do these stand for? 2
10. How will you remove curry and tea stains from your table cloth? 2
11. Why and when do we use gum during laundering of our clothes? 2
12. Mention two characteristics of wool which will guide you to choose the method of washing it. 2

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13. When and why would you use the friction method of washing clothes? 2
14. List four steps of pre-preparation of clothes that should be attended to before starting washing of clothes. 2
15. Write three things parents must do in order to make their children feel secure. Also say how these actions help? 3
16. Explain using an example how a child expresses his emotion of fear? 3
17. A Mother wants to invest her saving so that she can meet expenses of her daughter's higher education. Suggest two schemes of investment and write two benefits of each scheme. 3
18. With the help of examples differentiate between direct and indirect Income. 3
19. Mention three malpractices a grocery shopkeeper adopts to cheat consumers. 3
20. With the help of examples explain how leaflets can mislead consumers. 3
21. While purchasing a frock for a two year old girl, which six points will you check to ensure good workmanship? 3
22. "Play influences mental development of a child." Elaborate with the help of examples. 3
23. Suggest three ways to enhance nutritive value of foods. Name one dish each prepared by using these methods. 3
24. Mention four advantages for a two year old child when he /she recite rhymes individually or in group. 4
25. How many calories are required by an adolescent boy? Plan lunch for him highlighting the nutrients he is going to obtain from it. 4
26. Suggest eight points of cleanliness in kitchen a food handler should keep in mind. 4

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27. List two non –human resources along with two characteristic of these resources. Suggest two ways to use each of these wisely.

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28. Write the steps of washing and finishing a colored cotton shirt.

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